

Math, Productivity, Happiness & Decision-making

Organizer(s): Andrew Critch and Nisan Stiennon

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Wednesdays, 5:10–6:00pm, 740 Evans

Feb 1 **Andrew Dudzik**, Berkeley (math)

Getting Things Done (with less stress)

If you ever consider bringing your laptop, do it this week! In the first 10-15 minutes, Andrew Dudzik will kick off a conversation about David Allen’s super-famous “Getting Things Done” system (GTD), and then we’ll open the floor to group conversations about personal experience with GTD and similar productivity hacks (like helpful ways to use software and smartphone apps). Hopefully we’ll mine a lot of tricks from each other in the last 30 minutes, and we’ll **report back in two weeks** on what we’ve tried and how it worked.

Among other things, GTD recommends breaking tasks into pieces that are small enough to execute easily, and then setting up an interactive to-do list that only tells you what to do *when you can actually do it*. This helps us stay focussed, when necessary, on *readily actionable tasks* instead of stressing about non-immediate issues. Sound cool? Come learn more about it.